
TOASTS

POMTASTIC

avocado spread, pomegranate and pistachio relish

MEDITERRANEAN

avocado spread, tomato, cucumber, parsley, feta, Kalamata olives, pesto

SMOKED SALMON

avocado spread, smoked salmon*, capers, onions, dill

NUTTY almost CHICKEN

avocado spread, red pepper flakes, cilantro lime cashew cream, poached egg*

P, B, and C

Peanut butter, banana, cacao drizzle, cacao nibs

MANGO PICANTE

avocado spread, tomato, onion, cilantro, serrano pepper, mango

EGYPTIAN

avocado spread, cashew garlic aioli, piquante pepper, dukkah seasoning

HUMMUS AND BEANS

avocado spread, hummus, Cuban black beans, nuts and seeds

BERRY GOOD

avocado spread, fresh strawberries, chocolate balsamic drizzle

SPECIAL

ASK US ABOUT OUR SEASONAL TOAST OFFERING

ALL TOASTS COME ON SOURDOUGH BREAD

SALADS

SUMMER SPINACH

clementines, strawberries, pistachios, dried cranberries and goat cheese tossed with a house-made strawberry balsamic vinaigrette

APPLE QUINOA KALE

Fuji apples, candied pecans, dried cranberries, quinoa and feta cheese tossed with a house-made apple cider vinaigrette

SPICY THAI KALE

Mandarins, red cabbage, green onions, crunchy chow mein noodles, crushed peanuts tossed with a spicy house-made creamy sesame peanut dressing

SPECIAL

ASK US ABOUT OUR SEASONAL SALAD OFFERING

ADD-ONS:

Chicken \$3.00

Avocado or hemp can be substituted for cheese

CONSUMER ADVISORY!!

***CONSUMING RAW OR UNDERCOOKED SEAFOOD OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.**

We have extensive use of banana, nuts and nut butters, seeds, and gluten products in our cafes.

If you have a serious exposure allergy to any of these, we do not recommend dining here.